

My Moves!



Track your moves with this helpful calendar!

Write down what you did to reach your 35 hours, or 35 miles over the course of these 35 days!



JULY & AUGUST

					Fri	Sat
					17	18
Sun	Mon	Tues	Wed	Thur		
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20		

